

Statements – The Thermometer

30 statements for inspiration.

- I like sunshine better than rain.
- I am great at taking chances.
- I am a decisive person.
- I value exercise and moving during a workday.
- I work best when I am alone.
- I thrive best with structure and routine.
- I relax best in the company of others.
- I prefer to work with positive people.
- I am always on time.
- I tend to postpone things.
- I feel good when I receive recognition for something I have done.
- I don't like to make mistakes.
- I find it difficult to say no to people.
- I am good at recognizing people around me.
- I am easily frustrated or irritated.
- I tend to avoid angry people.
- I sometimes feel lonely.
- I care about what other people think about me.
- I am fine working nights.
- I always do my best to treat people with respect.
- I think a lot about the purpose of the work that I do.
- I care more about food than health.
- I am at ease when people around me think constructively.
- I still have a lot to learn within my field.
- I feel good about myself daily.
- I think a lot about the little things.
- I rarely worry.
- I am good at communicating what is on my mind.
- I sometimes argue more than I want to.
- I believe the future is better than the past.