24 Strengths

Zest I take on each day with energy and excitement	Friendship I get along well with others and my friends can count on me	Gratitude I appreciate the good things around me	Love I value my close relationships with others	Perseverance I work hard to achieve my goals and don't give up	Creativity I can think of lots of ways to solve problems and use my imagination
Curiosity I explore the world and the people around me and have fun learning	Love of learning I get excited discovering new things	Fairness I strongly believe that everyone should have the same opportunities	Humor I put in effort to bring smile and laughter to others	Bravery I take on challenges and speak up for what is right	Hope I feel optimistic and positive when I think about the future
Self-control I can stop, wait and manage my emotions	Leadership I can be the conductor. People look to me for direction	Kindness I am helpful and nice to others both strangers and firends	Appreciation of beauty I appreciate the beauty in the world around me.	Humility I let my accomplishments speak for themselves	Honesty I am open and truthful
Prudence I carefully consider all my options when making a decision	Judgement I am open-minded and think through my decisions	Perspective I can put myself in other people's shoes and help to give good advice	Teamwork I like being part of a team and doing my share	Forgiveness I believe that everyone deserves a second chance.	Sense of meaning I am discovering my purpose and place in the world